

Progressive Mission Trip

Packing List

Clothing for 5 days/4 nights:

- Work clothes (*comfortable clothes you don't mind getting dirty*)
- Long pants/Jeans
- Shorts
- T-Shirts
- Socks
- Underwear
- Pajama
- Swimsuit - One piece or Tankini style
- Sneakers
- Sweatshirt
- Rain jacket
- Sandals or flip flops (for downtime)
- Footwear for shower use
- Work Gloves

Personal Care Items:

- Prescription medication & supplies (MUST BE IN ORIGINAL CONTAINERS, *Please only bring enough for five days*)
- Comb or brush
- Toothbrush & toothpaste
- Soap & shampoo
- All other necessary or needed medication
- Sunblock
- Deodorant
- Other personal hygiene items

Other Necessary Items:

- Bible and Book of Common Prayer (*we can provide if needed*)
- Reusable water bottle
- Pen or pencil
- Hat or cap
- Sunglasses
- Towel
- Sleeping Bag
- Pillow
- Plastic bag for wet clothes
- Laundry bag

Optional Items:

- Camera (*inexpensive*)
- Reading book

Do Not Bring:

- Computer
- Gaming devices
- Any valuables