## The Jesus Movement

episcopalchurch.org/jesus-movement

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## What is the Jesus Movement?

The Jesus Movement is the ongoing community of people who center their lives on Jesus and following him into loving, liberating and life-giving relationship with God, each other and creation.

Together, we follow Jesus as we love God with our whole heart, soul and mind and love our neighbors as ourselves (Matthew 22:36-40), and restore each other and all of creation to unity with God in Christ (BCP, p. 855).

Jesus launched this movement when he welcomed the first disciples to follow his loving, liberating, life-giving Way. Today, we participate in his movement with our whole lives: our prayer, worship, teaching, preaching, gathering, healing, action, family, work, play and rest.



In all things, we seek to be loving, liberating and life-giving—just like the God who formed all things in love; liberates us all from prisons of mind, body and spirit; and gives life so we can participate in the resurrection and healing of God's world.

TRY THIS: Begin your day by asking: How could my words, actions and heart reflect the loving, liberating, life-giving way of Jesus? Ask God to help you, especially at decision points.

At day's end, with genuine curiosity and zero judgment, ask: When did I see myself or others being loving, liberating or life-giving today? Where do I wish I'd seen or practiced Jesus' Way?

God is love, and God's very being is a trinity of loving relationship: Father, Son and Holy Spirit. In Christ, God invites us to share that love; wherever there is pain or alienation, God longs to knit all people and creation back into wholeness and relationship.



As the Episcopal branch of the Jesus Movement, and followers of Jesus' Way, we seek to live like him. We're serious about moving out to grow loving, liberating, life-giving relationships with God (**evangelism**); to grow those relationships with each other (**reconciliation**); and to grow those relationships with all of creation (**creation care**).

TRY THIS: Look around and notice wherever you see people nurturing relationship 1) with God, 2) with each other and 3) with creation. What's happening? What's helping people to heal and live in sync with God, with each other and with the earth? What are the fruits of these relationships?