

# The Holy Eucharist, Part 1

## The Opening Acclamation

*Celebrant* Blessed be the one, holy, and living God.

*People* Glory to God for ever and ever.

Reader 1: We come into this space, as people blessed by the touch of God;

as people enriched by cultures born into and discovered;  
as people wounded by racism;  
as people yearning for healing;  
as people working for the Kingdom.

ALL: God, be with us.

Reader 2: We come into this space,

with recognition of work done and anticipation of work before us;  
with an openness to discoveries made and discoveries yet to be;  
with a commitment to working for reconciliation;  
with an awareness of challenge and a willingness to be challenged.

ALL: Christ, come near us.

Reader 3: We come into this space, with gratitude

for time with the Scriptures;  
for growing awareness of prejudice, privilege and lack thereof;  
for learning gleaned from one another;  
for encouragement that comes in community, strengthening each other for  
action.

ALL: Holy Spirit, bless our time together. Amen.

Adapted from Jody Miller Shearer

## The Song of Praise

The Song of Mary

*Magnificat*

My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior; \*

for he has looked with favor on his lowly servant.  
From this day all generations will call me blessed: \*

the Almighty has done great things for me,  
and holy is his Name.  
He has mercy on those who fear him \*  
in every generation.  
He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.  
He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.  
He has filled the hungry with good things, \*  
and the rich he has sent away empty.  
He has come to the help of his servant Israel, \*  
for he has remembered his promise of mercy,  
The promise he made to our fathers, \*  
to Abraham and his children for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## **The Salutation**

*Celebrant* God be with you.

*People* And also with you.

*Celebrant* Let us pray.

## **The Collect of the Day**

Jesus, you are the way through the wilderness: show us your truth in which we journey, and by the grace of the Holy Spirit be in us the life that draws us to God. *Amen.*

## **The Lesson and Silence**

Reader 4: A Reading from Acts

“Now when forty years had passed, an angel appeared to him in the wilderness of Mount Sinai, in the flame of a burning bush. When Moses saw it, he was amazed at the sight; and as he approached to look, there came the voice of the Lord: ‘I am the God of your ancestors, the God of Abraham, Isaac, and Jacob.’ Moses began to tremble and did not dare to look. Then the Lord said to him, ‘Take off the sandals from your feet, for the place where you are standing is holy ground. I have surely seen the

mistreatment of my people who are in Egypt and have heard their groaning, and I have come down to rescue them. Come now, I will send you to Egypt.'

*After the Readings, the Reader may say*

Here what the Spirit is saying to God's people.

*People* Thanks be to God.

## **The Gospel and Silence**

*Celebrant* *The Holy Gospel of our Lord Jesus Christ according to John.*

*People* *Glory to you, Lord Christ*

Then Jesus said to the Jews who had believed in him, "If you continue in my word, you are truly my disciples; and you will know the truth, and the truth will make you free." They answered him, "We are descendants of Abraham and have never been slaves to anyone. What do you mean by saying, 'You will be made free'?" Jesus answered them, "Very truly, I tell you, everyone who commits sin is a slave to sin. ...[But] if the Son makes you free, you will be free indeed."

*Celebrant* The Gospel of the Lord

*People* Praise to you, Lord Christ.

## **The Prayers of the People**

Reader 5:

Open our hearts Lord, to see the image of God in one another, recognizing that all of us are children of God.

*Open our hearts.*

Open our hearts Lord to remember our history, one built on the backs of enslaved people of African descent.

*Open our hearts.*

Open our hearts to remember men and women, created in the image of God and part of our story, yet unnamed and forgotten.

*Open our hearts.*

Open our hearts to recognize the distorted stories we were told, stories that made heroes out of those who defended the principles of slavery.

*Open our hearts.*

Open our hearts to recognize, unflinchingly, and with understanding, our complicated history,

*Open our hearts.*

Open our hearts to see your image in one another.

*Open our hearts.*

Open our hearts to see the violence of racism still around and among us.

*Open our hearts.*

Open our hearts to your work of enacting justice and equity in our Diocese, our communities and our parishes, so that we can help build a city where all people flourish.

*Open our hearts.*

Open our hearts to your work of racial healing. Guide us in telling our stories honestly and listening to those of others.

*Open our hearts.*

Open our hearts to your work of seeking the common good for all people, to strengthen existing bonds, and to widen our community.

*Open our hearts.*

Open our hearts to your work of living goodness in the world, of becoming the community you are calling us into, of continuing this journey towards the Beloved Community, the Peaceable Kingdom.

*Open our hearts.*

Reader 6:

Help us to remain faithful and devoted to the long-term work of repairing long-term harm.

*Lord, help us by your grace.*

Help us to enter into right relationship in the midst of the very process of repair.

*Lord, help us by your grace.*

Help us to know when to follow and when to lead, when to give, and when to receive.

*Lord, help us by your grace.*

Help us to listen to one another.

*Lord, help us by your grace.*

Help us to see that all of us are broken and need your healing.

*Lord, help us by your grace.*

Help us to hear your still and quiet voice leading us in ways that we cannot yet see or understand.

*Lord, help us by your grace.*

Reader 7, Kelly:

Open our hearts to practice liberation.

*Open our hearts.*

Open our hearts to practice reconciliation.

*Open our hearts.*

Open our hearts to practice love.

*Open our hearts.*

## **The Creed, Confession, Absolution**

*Celebrant* We believe in God, Creator of the World and of all people; and in Jesus Christ, incarnate among us, who died and rose again; and in the Holy Spirit, present with us to guide, strengthen, and comfort.

*People* **We believe; God, help our unbelief.**

*Celebrant* We rejoice in every sign of God's kingdom:

In the upholding of human dignity and community;  
In every expression of love, justice and reconciliation;  
In each act of self-giving on behalf of others;  
In the abundance of God's gifts entrusted to us that all may have enough;  
In all responsible use of the earth's resources

*People* **Glory to God on high; and on earth, peace**

*Celebrant* We confess our sin, individual and collective, by silence or action:

Through the violation of human dignity based on race, class, age, sex, nation, or faith;  
Through the misuse of power in personal, communal, national, and international life;  
Through the search for security through military and economic forces that threaten human existence;  
Through the abuse of technology, which endangers the earth and all Life upon it

*People* **Lord, have mercy; Christ, have mercy; Lord, have mercy.**

*Celebrant* We commit ourselves individually and as a community to the way of Christ:

To take up the cross;  
To seek abundant life for all humanity;  
To struggle for peace with justice and freedom;  
To risk ourselves in faith, hope, and love, praying that God's kingdom may come

*All*            **Thy kingdom come, on Earth as it is in Heaven.**

*Celebrant*    Almighty God have mercy on us, forgive us all our sins through the grace of Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life.  
***Amen.***

## **The Peace**

*Celebrant*    The peace of Christ be always with you.

*People*        And also with you.

## **The Great Thanksgiving, Eucharistic Prayer 1, EOW**

*Celebrant*    The Lord be with you.

*People*        And also with you.

*Celebrant*    Lift up your hearts.

*People*        We lift them to the Lord.

*Celebrant*    Let us give thanks to the Lord our God.

*People*        It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels  
and with the faithful of every generation,  
we lift our voices with all creation as we sing (say):

*Celebrant and People*

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

*The Celebrant continues*

Blessed are you, gracious God, creator of the universe and giver of life.  
You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care  
that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves;  
we would not see your goodness in the world around us;  
and so we violated your creation, abused one another, and rejected your love.  
Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you.  
You delivered us from slavery, sustained us in the wilderness,  
and raised up prophets to renew your promise of salvation.  
Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus.  
Born into the human family, and dwelling among us, he revealed your glory.  
Giving himself freely to death on the cross, he triumphed over evil,  
opening the way of freedom and life.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night before he died for us, Our Savior Jesus Christ took bread,  
and when he had given thanks to you, he broke it, and gave it to his friends, and said:  
"Take, eat: This is my Body which is given for you.  
Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them,  
and said: "Drink this, all of you: This is my Blood of the new Covenant,  
which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for  
the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.  
Christ is risen.  
Christ will come again.

*The Celebrant continues*

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, unnamed and forgotten, Named by You, Named in your presence among us, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. *AMEN.*

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and People* Our Father in Heaven, hallowed be your Name. Your kingdom come, your will be done on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial, and deliver us from evil.  
For the kingdom, the power, and the glory are yours, now and for ever.  
Amen.

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## The Holy Eucharist, Part 2

### The Breaking and Sharing of the Bread

*Celebrant* We break this bread to share in the Body of Christ.

*People* We who are many are one body, for we all share in the one bread.

*Celebrant* These are the gifts of God, for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Body of Christ, the Bread of Heaven. [Amen]

### The Sharing of our Experiences



## **The Sharing of our Appreciations**

### **The Post-Communion Prayer**

*Celebrant* Let us pray

*Celebrant and People* God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

### **The Blessing and Dismissal**

*Celebrant* Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always.

*Deacon* Let us go forth into the world rejoicing in the Power of the Spirit. Alleluia.

*People* Thanks be to God. Alleluia.