

Important Phone Numbers and Website Directions for Finding Providers

Aetna

POS II/ SelectEPO/ Health Fund (877) 235-4005
HMO (877) 380-8584

1. Go to www.aetna.com/docfind
2. Complete required items under the Search by Location tab in *Search for* and *Search in* fields.
3. In the *Select a Plan* window, Aetna's plans are sorted by subheadings (For Aetna HMO, select HMO under *Aetna Standard Plans*. For Aetna Choice® POS II or Aetna Select®, look under *Aetna Open Access Plans*. Click SEARCH

Cigna Medical & Dental (800) 244-6224

1. Go to www.cigna.com
2. Click on FIND A DOCTOR (top of the page)
3. Select the health care professional you need, select the doctor you need fill in your city or zip code, then click SEARCH

If searching for medical providers:

1. Click on **SELECT A PLAN** (left of the page)
 - a. HDHP or OAP/OAP-IN plan members select *Open Access Plus*, *OA Plus*, *Choice Fund OA Plus* (the first option) , then select TYPE and SPECIALTY (optional), and click SEARCH

If searching for dental providers:

- a. Click on **SELECT A PLAN** (left of the page)
 - a. Select dentist instead of provider. Choose *Cigna Dental PPO*
 - b. Select CORE NETWORK, a specialty, and then click SEARCH

Cigna Behavioral Health (866) 395-7794 (Mental Health and EAP)

1. Go to www.cignabehavioral.com
2. Under MEMBERS, click on *Find a Therapist/Psychiatrist*
3. Select a provider type, network, zip code, and additional fields if desired
4. Click SEARCH

Empire BlueCross BlueShield (800) 352-3152

1. Go to www.empireblue.com/medicaltrust
2. Click on FIND A DOCTOR
3. Click on ACROSS THE COUNTRY
4. Select what you're looking for and enter your location, then click SEARCH

EyeMed Vision Care (866) 723-0513

1. Go to www.eyemedvisioncare.com
2. Under *Locate a Provider* (right side of page) and *Select A Network*, choose *Access*, enter your zip code, and click SUBMIT
3. Enter the special text and click SUBMIT

Health Advocate (866) 695-8622

1. Go to www.healthadvocate.com
2. Select the MEMBERS icon
3. Enter "Episcopal" in the log-in box and click SUBMIT to view your benefits

Kaiser Permanente

Colorado: (877) 883-6698; Georgia: (866) 800-1486;
Mid-Atlantic States: (877) 740-4117
Northwest: (866) 800-3402; No. California: (800) 663-1771; So. California: (800) 533-1833

1. Go to www.kp.org
2. Click on *Locate Our Services* (top of page) then *Find doctors and locations*. Click on DOCTORS, then select your region and click THE ARROW
3. Click on Find primary and specialty care physicians, click on your search criteria, select the appropriate information, and click continue.

Express Scripts (Medco) (Pharmacy Benefit) (800) 841-3361

1. Go to www.express-scripts.com, click on *Create online account* and follow the steps to register. Then log on to price medications, view Medco's formulary list (preferred drugs), locate a participating pharmacy, etc.
2. Express Scripts (Medco) has special representatives to assist you with any open enrollment questions. Call (800) 841-3361, and select option #1

UnitedHealthcare (866) 204-8533

1. Go to www.myuhc.com
2. Under *Links and Tools* (upper right) select *Find Physician, Laboratory or Facility*
3. For *Select a Plan*, choose: UnitedHealthcare Choice or Choice Plus
4. Select a specialty
5. Enter your zip code

The Episcopal Church Medical Trust

Client Engagement Call Center

(800) 480-9967

8:30 a.m. to 8:00 p.m. Eastern time

www.cpg.org/mtdocs

Email: mtcustserv@cpg.org